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	Integrated Management System	Op.	File	Copy	
Document	IMS Manual	Subject	First Aid Box Contents & Usage		

First Aid Box No _____ First Aider _____.

REQUIRED ITEMS	REQUIRED	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	TOT
Wound cleaner/antiseptic (EDA)	1 x 100ml													
Swabs for cleaning wounds	75mm x 100													
Cotton wool for padding	100g													
Sterile gauze	2 pkt x 5 (10)													
Forceps (for splinters)	1 pair													
Scissors (minimum size 100mm)	1 pair													
Set of Safety Pins	1													
Triangular Bandages	4													
Roller Bandages (75mm x 5m)	4													
Roller Bandages (100mm x 5m)	4													
Elastic adhesive (25mm x 3m)	1 roll or 3rolls x 1m													
Non-allergenic adhesive strip (25mm x 3m)	1													
Adhesive Dressing Strip (assorted)	20													
First Aid Dressings (75mm x 100mm)	4													
First Aid Dressings (150mm x 200mm)	4													
Straight Splints	2													
Disposable Latex Gloves (Large & Med)	2 pairs each													
CPR Mouth Pieces or similar devices	2													
Rescue / Emergency / Space Blanket	1													
Medium Burnshield kit (EDA)	2 (100 x 100 mm)													
Large Burnshield kit (EDA)	2 (200 x 200 mm)													
Ziplock Bags	4 (150 x 150 mm)													
Eye Wash Glass	1													
Spill pack (to be kept with Office Admin.)	1													
CHECKED BY														

KEY EDA = Expiry Date Applicable

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Ref No	
Time & date of Injury	
Name of Employee	
Type of Injury	
Items Used	
Treatment Given	
Comments	

Ref No	
Time & date of Injury	
Name of Employee	
Type of Injury	
Items Used	
Treatment Given	
Comments	
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